The **REGULATION** Collection™

The READY Route™ **The RESET Route™** **The SENsational Route™**

ALERT → ORGANISE → CALM → Ready-to-Learn

The READY Route™

Pupil Voice – Individual Questionnaire

Pupil Name ..... Class/Year Group ..... Date .....

Before How are you feeling? *Please circle.*


Sick


Happy


Silly/Wiggly


Angry/Mad


Tired


Feeling okay


Worried


Devastated


Sad


Focused


Frustrated


Terrified


Bored


Calm


Excited


Elated/Ecstatic

After Now you have completed the route how are feeling? *Please circle.*


Sick


Happy


Silly/Wiggly


Angry/Mad


Tired


Feeling okay


Worried


Devastated


Sad


Focused


Frustrated


Terrified


Bored


Calm


Excited


Elated/Ecstatic

Did you enjoy taking part? YES ☐ NO ☐

Was the equipment easy to use? YES ☐ NO ☐

What was your favourite activity? .....

What did you not enjoy and why? .....

.....

The REGULATION Collection™ by Two Thirds Design offers a structured approach to help pupils regulate their energy and focus for learning.

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Transforming School Spaces

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